



GT JIU-JITSU JUNIOR BROWN BELT SYLLABUS (2ND KYU)

- 1. Soto Makikomi & Uchi Makikomi**
- 2. Yoko Wakare**
- 3. Sumi Gaeshi**
- 4. Uchi Mata**
- 5. Uki Waza**
- 6. Oguruma**
- 7. Ashi Guruma**
- 8. Kosoto Gake**
- 9. Two Attacker Variations**
- 10. Takedowns from Behind**

***After exhibiting competency of the above techniques, you will be eligible for:
Brown Belt (1st Kyu).**